



La Mensajera

*Sigma Lambda Gamma
SNUG*

Pi Chapter:

Spring 2010 Newsletter



Welcoming a New Year:

Sigma Lambda Gamma would like to start off their first newsletter by wishing all alumni a Happy New Year. Now that a new semester has started, SNUG's Pi Chapter wants to look back at some of the events that helped Sigma Lambda Gamma evolve into a well-known sorority on campus. Events so successful that some were included on SNUG's Daily Campus, causing a wave of acknowledgement and congratulations. We would also like to take

advantage of this newsletter and formally invite all alumni to the events we will be hosting this semester. We keep in mind that every Gamma has a family and busy schedule but we also know that support and involvement of alumni is crucial in maintaining close bonds within the sorority.

Past Events:

Rush: "Discover the Treasure Within"



Prospects were prompted to "Discover the Treasure Within" by getting to know the ladies of Sigma Lambda Gamma. Rush season is important because it provides prospects with an insight into Greek life and how it differs from what they have heard or believe it is like. We show them the pillars SLG stands by and provide a way for the girls to network, get involved on campus and

in the community and find long lasting friendships.

Firm Family Ties



To Sigma Lambda Gamma at SNU, the Firm Family represents a rock of knowledge and support that will always be there to advise and relate past struggles and experiences. A connection within itself that promotes the success of one another and that has the right to defend our actions as well as reprimand those which do not uphold the values we represent. It is a family duty to take care of one another and support triumphs as well as console rough times. To fulfill this duty, events are talked about at chapter, are vocalized and promoted, as well as put into as many members' schedules as possible. The respect that is received is the respect that

is given back by the Pi chapter at SNU.

Latino Heritage Month



During the month of September the girls of Sigma Lambda Gamma participated in all the great events that celebrated Latino Heritage Month. One event in particular was very important to them, Viva America. The event was designed by SLG and carried out with the help of CAS. The event was successful enough to make the front page of the *Daily Campus*, providing an extra boost of confidence to the girls. The event had food, mariachi, salsa dancers, a showcase of Latin American flags and lots of Latino pride.

Fright Night



As women in college, we understand that school is a big part of our lives and leads to our success, but we also take into account that having fun is part of the college experience. We vocalize on having fun with responsibility. At our Halloween party, Fright Night, we showed college students that people can have fun without having to drink alcohol. We brought in two performers and DJ's who helped make the night "crunk" to all that came to celebrate. Also, by having the party at school, it helped us bring an alternative party for on campus students who might not have gone out due to lack of a car or ride to the parties that were off campus.

Homecoming



To uphold school pride, the lovely ladies of Sigma Lambda Gamma actively participated in Homecoming events which included float building, window painting, donating blood, showing support for

our king and queen, flag football, walking in the parade and attending tailgates. The atmosphere that school spirit creates is unlike any other. Putting aside all differences in color, background, race and ethnicities to come together for supporting the school that everyone attends shows that we are equal no matter who we hang out with.

Día de los Muertos



El Día de los Muertos is a special event at SNU due to the fact that many of our members are very involved in the anthropology club which helps fund and coordinate the event. On this day, tables are decorated with Calaveras, photos of loved ones who have passed on, food, candles and memorabilia. All of these items have a certain symbolism which make the event so special. Every semester more students and staff members attend El Día de

los Muertos as they see that it helps bring tribute to those who have left us but are still close to our hearts. This event is a great way to commemorate those who have passed as well as to meet new people while eating food that include tamales, abuelita's chocolate, pan dulce, tostadas, and much more.

Free Hugs and Cookies



As a morals and ethics event, Sigma Lambda Gamma decided to have a Free Hugs and Cookies day. On this day, the girls would hand out pink and purple note cards describing the powerful effect that a hug can bring to a person, especially if that person is having a bad day. It was the girls' mission to hug as many people as possible throughout the day. Every time the girls would give a hug, they would hand out cookies to sweeten the lives of everybody they hugged. That day, the girls gave out a total of 298 hugs and educated the SNU campus about the power of hugs.

Step Show



As a way to celebrate the end of Homecoming Week, the Step Show is a way to relax and have a good time after a busy week of events. This year, Sigma Lambda Gamma participated and came out with great reviews. The four members, which volunteered to be in the step show, demonstrated that size is not an obstacle if you have heart, commitment and passion for what you represent. The crowd went wild with the stellar performance and once the Gammas stepped off the stage, they were supportive and respectful of all the other participants and their turn on the stage.

Pink Lemonade



To bring breast cancer awareness to campus, the ladies of Sigma Lambda Gamma decided to set up a pink lemonade stand and give out pink lemonade. Everyone who received lemonade also was pinned with a pink ribbon to symbolize their support for breast cancer awareness. Pamphlets were given out during passing periods which related information on symptoms, recommended age to start getting mammograms, and how breast cancer can affect men as well. Donations were accepted, although not required, but for those large donations, the girls gave out pink rings, key chains, pink stuffed animals and Susan G. Konan bags. Proceeds reach \$100 which was donated to the Susan G. Konan foundation.

Community Service Events



Sigma Lambda Gamma's Pi Chapter at SMU is always involved in the community. As women who are educating themselves to achieve a better lifestyle, not forgetting where one came from is a humbling gift. These girls try to keep that humility by participating in as many service events as possible and really putting their name out there to come back and do service as many times as needed. Events this past semester included cleaning up White Rock Lake, eating pizza and playing bingo with the elderly at a local nursing home, participating in the Museum of

Nature and Science: Events for Success, helping out at the Women's Museum during the State Fair, actively working with children from underprivileged homes through ACE (Academic Community Enhancement) House, Si Puedes, and having pen pals from DSSD schools, participating in the Turkey Trot, adopting a child for Christmas and taking them to Celebration of Lights, as well as helping out at our local churches and recreation facilities. This semester was truly one full of events where Sigma Lambda Gamma represented their commitment, strive, loyalty and belief in their sorority and what it represents to them.

Spring 2010 Events:

Rush 2010: Can You Live the Life of a Gamma?

For this semester, the girls want to show prospects what being a Gamma truly is like by educating them about our principles and showing them that Gammas are multifaceted women who work hard for what they have, are leaders in their communities and know how to have fun at the end of the day. Our Rush events are as follows:

- ❖ Thursday, January 28, 8-10p.m. TBA - MLC Showcase
- ❖ Monday, February 1, 6-8p.m. Keroy 153 - Info Session: Sigma Lambda Gamma Q&A
- ❖ Wednesday, February 3, 6-8p.m. Dedman Life Science 133 - Gamma Beauty Inside and Out
- ❖ Thursday, February 4, 6-8p.m. Hughes Trigg Portico BCD - Gamma Secret to Success: Teamwork
- ❖ Monday, February 8, 6-8p.m. GREEK: Dinner with SLG

For the Info Session, we would like to have a panel of alumni along with some actives and their mothers in order to relate the Gamma experience through the eyes of many people at different stages. If you would like to be a part of the Info Session and relate your experience please contact either Teresita Nieto at 214-514-7358, Jasmine Khaleel at 214-354-1657, or Maira Ramirez at 972-900-8026. Also, please have answers to the following questions if you plan on participating:

- ❖ Name, major in college and job title now.
- ❖ What positions did you hold when you were an active?
- ❖ What other organizations were you a part of?
- ❖ How has SLG helped you in being who you are today and in accomplishing your goals i.e. have the

connections paid off?

❖ What is your favorite SΛG memory?

Please feel free to come to as many Rush events as possible. The support of our fellow alumni is important to the members of Pi Chapter at SMU since it demonstrates the unbreakable sisterhood that the sorority has.

Founders Week

For Founders Week, Sigma Lambda Gamma would like to go big!! The Pi Chapter will take over SMU for the entire week of April 5, having events every day which include:

- ❖ SΛG's Pink Line a fashion show where all proceeds will go to the Susan G. Konan fund,
- ❖ Hearts for Breast Cancer and Prayers for Leukemia a day where SΛG will be selling cut-out hearts and angels that can be decorated and where people can write inspiring messages to patients diagnosed with cancer and leukemia. The money we receive will be split and half will go to the Susan G. Konan fund while the other half will be used to buy teddy bears for children at St. Jude's Hospital which we will deliver during that week as well.
- ❖ Brunch with Alumni and Founders is a day dedicated to sharing experiences and future plans with Gammis at every

stage while enjoying brunch.

- ❖ SΛG Birthday on April 9 will be a day dedicated to celebrating the day we were founded by enjoying cake with the SMU campus.